

Mackenzie and Joelle are the best of friends while having fun together at Silent Voice summer camp.



Silent Voice, a ShareLife-supported agency in Toronto, served over 600 deaf adults, youth, children, and their families in a sign language environment last year.

Please give generously.

2014 Parish Campaign
Next Sunday, March 30
is ShareLife Sunday

 **ShareLife**
www.sharelife.org

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Contact your parish or
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THIRD SUNDAY OF LENT



MASSES OF THE WEEK

Monday, March 24 Special Intention	8:00 am
Tuesday, March 25 SOLEMNITY OF THE ANNUNCIATION OF THE LORD Special Intention – The Unborn Child	8:00 am
Wednesday, March 26 Susana Rodrigues Young (Deceased) <i>Requested by Henry & Joy Young</i>	8:00 am
Thursday, March 27 Mary Lai (Deceased) <i>Requested by the family</i>	8:00 am
Friday, March 28 Peter Chanpil Lee (Deceased) <i>Requested by the family</i>	8:00 am
Deceased members of the Quigley family <i>Requested by Maxine Quigley</i>	7:30 pm
Saturday, March 29 Panfilo Corvetti (Deceased) <i>Requested by the family</i>	9:00 am



Working wonders in our community...

Last year Mary Centre received a call to assist Robert, a client, when they learned that his sister Theresa, who lived with him, had collapsed and was rushed to the hospital. Due to a previous connection with Robert and Theresa, the agency was able to respond quickly. Mary Centre's respite facility at St. Bernard's is often fully booked a few months in advance, but other families were supportive and changed their plans to accommodate this situation. Robert stayed at Mary Centre for 3 weeks until Theresa was able to return home and take care of him. He continues to come to St. Bernard's at least once a month where he has felt welcome and has made friends. Robert and Theresa take comfort in knowing that Mary Centre was there for them. Theresa shared, "To know Mary Centre is to know people who are kind, considerate and thoughtful; thank you for all you have done for my brother and me." Last year over 1,800 people with special needs received assistance from ShareLife-supported agencies.

*First ShareLife Sunday – March 30, 2014
Please give generously. You can work wonders!*



SEASON OF LENT

Daily Mass:
8:00 a.m. (Saturday 9:00 a.m.)

Friday Evenings March 7 – April 11

7:00 p.m. Stations of the Cross
7:30 p.m. Mass

Lenten Reconciliation

Wednesday, April 9 7 p.m. – 8:30 p.m.
Thursday, April 10 7 p.m. – 8:30 p.m.
Saturday, April 12 9:30 a.m. – 11:30 a.m.

North York Retirees Club - The next meeting will be held on **Tuesday, March 25, 2 p.m. – 3 p.m.** in the Blessed Trinity parish hall. The guest speaker will be Jane Teasdale (MOSAIC) "Home Care Services". All retirees are cordially invited to attend.



Our frozen pans of **Chili** for the **Good Shepherd Refuge** are due in the parish hall by **next Sunday**. We thank all our loyal chili cooks, and invite anyone who is willing to help us feed the hungry to pick up a pan and recipe from the parish office. The recipe is easy and delicious and makes enough to fill the Good Shepherd pan, with leftovers for your family's dinner. It takes so little effort to help us realize Christ's words: "For I was hungry and you gave me food." (Mt 25:35).

Widow/Widower Support Group – Co-ordinated by the New Beginnings Program at Catholic Family Services of Toronto, this support group welcomes widows and widowers to a gathering which is full of hope and faithful sharing of ideas. They meet on the first and third Fridays beginning **March 21, 7:30 p.m. – 9:30 p.m.** at St. Gabriel's Church (670 Sheppard Ave. E., Toronto). Please register with Deacon James Shaughnessy at 416-921-1163, ext. 2227 or by email at jshaughn@cfstoronto.com.

Movie Night at Blessed Trinity

On **Friday, April 25 at 7:30 p.m.** in the parish hall, we will be showing the documentary film, **DID JESUS REALLY RISE FROM THE DEAD?** This powerful and in-depth documentary carefully scrutinizes the historical evidence and faces head-on the question: Did Jesus really rise from the dead? If Christ has not been raised, said the Apostle Paul, the Christian faith is in vain. Rather than accept Christian belief blindly, top scholars and biblical historians critically examine alternative explanations. In the end, they show why it is a matter of sound reason as well as faith to affirm what the early Church proclaimed: Jesus is risen. Don't miss this opportunity to gather for fellowship, refreshments, and to be inspired by the incredible fact of Jesus' resurrection! Proceeds will benefit an RESP program for children living in poverty in our parish. Admission is a donation. For more information contact: Bob Ossowski at (416) 453-1494 or bob.ossowski@gmail.com

**“Growing Together”
Spring Dinner Dance**

**Presented by the Blessed Trinity Parish
Catholic Women’s League and
Knights of Columbus**

Mark it in your calendars!

**Saturday, April 26, 2014 - parish hall
6:30 p.m. – 12:00 a.m.**

Tickets \$25.00

**Contact: Paul Bar 905-764-9086 or
Helen Truman 416-250-8742**

**Pilgrimage to Canadian Shrines
June 21 – June 24, 2014**

Shrine of St. Kateri Tekakwitha in Montreal (new for 2014)
St. Joseph’s Oratory in Montreal
Shrine of Our Blessed Mother at Cap-de-La Madeleine
Chapel of Blessed Fr Frederic & Museum in Trois-Rivieres
Basilica of St. Anne de Beaupre & old Quebec City

Round trip coach fare, 3 night’s accommodation,
1 breakfast and 1 dinner, entrance fees, some tours
3 persons in room \$330 per person
2 persons in room \$355 per person

Register and pay in full before April 30, 2014 and save
\$20 per person; non refundable deposit of \$50 per person;
limited space; register early.

For further information, please contact Mary at 416-497-
7059 or pilgrimageCanadianShrines@gmail.com.



**Retrouvaille
Help for Troubled Marriages**

- A live-in weekend and post sessions to help
couples experiencing troubles in their marriage
relationships. **Upcoming weekend: April 25, 26, 27,
2014.** For further and confidential information, please call
416-281-6007 or visit website
www.torontoetrouvaille.com.

Holy Name of Mary College School – is a private
Catholic school for girls in grades 5-12. They invite you to
attend their **Open House on Saturday, April 5, 10 a.m. –
2 p.m.** at 2241 Mississauga Road, Mississauga, ON. For
more information, please visit website www.hnmcs.ca or
contact Giselle Fernandes at 905-891-1890 ext. 103.

St. Augustine’s Seminary Lay Formation

Lenten Retreat Day - Saturday, March 29, 9:30 – 2 p.m.
(2661 Kingston Road, Scarborough). Dr. Josephine
Lombardi will lead you through a meditation on the beauty
and gift of the *Parable of the Prodigal Son* in Luke 15.
Cost: \$40 (includes lunch). To register, please call 416-
261-7207, ext. 235 or email: ioftsas@rogers.com.

**INTERNAL VS.
OUTWARD ACTS OF PENANCE**

**Source: Pope John XXIII, Encyclical Letter *Paenitentiam
Agere* #28 to 30 – July 1, 1962**

Our first need is for internal repentance; the
detestation, that is, of sin, and the determination to
make amends for it. This is the repentance shown by
those who make a good Confession, take part in the
Eucharistic Sacrifice and receive Holy Communion.
The faithful should be especially encouraged to do this
during the novena to the Holy Spirit, for external acts
of penance are quite obviously useless unless
accompanied by a clear conscience and the
detestation of sin. Hence Christ's severe warning:
"Unless you repent you will all perish in the same
manner" [Lk 13:5]. God forbid that any of Our sons
and daughters succumb to this danger.

But the faithful must also be encouraged to do
outward acts of penance, both to keep their bodies
under the strict control of reason and faith, and to
make amends for their own and other people's sins.
St. Paul was caught up to the third heaven—he
reached the summit of holiness—and yet he had no
hesitation in saying of himself "I chastise my body and
bring it into subjection" [1 Cor 9:27]. On another
occasion he said: "They who belong to Christ have
crucified their flesh with its passions and desires" [Gal
5:24]. St. Augustine issued the same insistent
warning: "It is not enough for a man to change his
ways for the better and to give up the practice of evil,
unless by painful penance, sorrowing humility, the
sacrifice of a contrite heart and the giving of alms he
makes amends to God for all that he has done wrong"
[Sermon 351, 5.12; PL 39:1549].

Fasting and Feasting

Fast from thoughts that weaken

Feast on promises that inspire

Fast from idle gossip

Feast on purposeful silence

Fast from problems which overwhelm

Feast on prayer

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